

## **Sta-Energized Plus™**

### **120 capsules**

**Chromium (Chromium Polynicotinate ChromeMate™, Chromium Aspartate, Chromium Picolinate and Chromax™)**

Helps prevent and lower high blood pressure. Helps prevent sugar cravings and sudden drops of energy. Helps in carbohydrate utilization. Involved in metabolism of glucose and synthesis of fatty acids and cholesterol. Helps bring protein to where it is needed.

**Citrus Aurantium**

Contains a family of organic compounds that promotes the use of energy substrates, stimulates metabolic processes, and increases the solubility of fats.

**Guarana**

Migraines, neuralgia, paralysis, urinary-tract irritation.

**Proprietary Blend**

**Eleutherococcus Senticosus**

Aids in fighting off fatigue, recuperation, stress, and mental weakness.

**Ginseng Panax**

Used for fatigue, mental dullness, convalescence, athletic performance, aphrodisiac, and tonic.

**White Willow Bark**

Pain-reliever, anti-inflammatory.

**Bee Pollen**

Quick energy, allergies, slows down aging.

**Royal Jelly**

Effective on the reproductive systems of men and women. Promotes energy and health, it is high in essential amino acids and therefore a potent antioxidant taken for longevity, energy.

**Spirulina**

Powerfully enhances immune system, high in protein, vitamins, fatty acids, enzymes, helps with heart disease, lowers triglycerides, arthritis and depression.

**Chlorella**

Strong detoxification. Can help reduce high blood pressure, lower serum cholesterol levels, accelerate wound healing, and enhance immune functions. Contains all the B vitamins and Vitamin C and E.

**Kelp**

Goiter, thyroid, complexion and helps take off fat.

**Cayenne**

Works to improve vision, and circulation which may prevent strokes and lower blood pressure.

**Beet Leaf**

Blood purifier.

**Amino Acid Complex**

Building blocks of proteins needed to build every cell in the body, from white and red blood cells to the cells in your skin, organs and bones.

**L-Carnitine**

Increases physical stamina and promotes weight loss, also lowers high cholesterol while raising levels of good HDL cholesterol, regulator of fat metabolism in the heart and skeletal muscle.

**L-Arginine**

Essential amino acid. Enhances the immune system, aids in male sterility and impotence.

**DL-Methionine**

Helps repair damaged tissue in lungs by counteracting the effects of smoke and other environmental toxins, speeds up the removal of poisons via the liver.

**Reference: The Ultimate Healing System, The How to Herb Book and Vitamin Bible**  
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**Nutrition 21, Purchase, NY.**